

# WECSSAA ALL COMER TRACK MEETS 2023

## Meet # 1

Date: April 26, 2023 Start: 3:30 pm

Location: Riverside Secondary School

### Track Events

	Event	Simultaneous	Field Events (senior to novice)	Officials
				Please bring tape measure
1			Boys Shot Put	<b>Sandwich</b>
			Girls Shot Put	<b>L'Essor</b>
2			Long Jump Women	<b>North Star</b>
			Long Jump Men	<b>Lajeunesse</b>
3	4x100m Relay			

## Meet # 2

Date: May 3, 2023 Start: 3:30 pm

Location: Essex DSS

### Track Events

### Field Events (senior to novice)

	Event	Simultaneous	Event	Officials
				Please bring tape measure
1	Sprint Hurdles	<b>1500m</b>	<b>Boys Shot Put</b>	<b>Sandwich</b>
			Girls Shot Put	<b>L'Essor</b>
2	<b>400m</b>		Boys Long Jump	<b>Tecumseh Vista</b>
3	<b>4x100m</b>			

## Meet # 3

Date: May 4, 2023 Start: 3:30 pm

Location: Riverside Secondary School

### Track Events

### Field Events (senior to novice)

	Event	Simultaneous	Event	Officials
				Please bring tape measure
			Girls Triple Jump	<b>Leamington</b>
			Boys Triple Jump	<b>Maranatha/Lajeunesse</b>
			Girls Discus	<b>Riverside</b>
			Boys Javelin	<b>Riverside</b>

**REGISTRATION FEES**  
covers all 5 meets

0-19 athletes \$100  
20-29 athletes - \$125  
30 - 39 athletes - \$150

40 - 49 athletes - \$175  
50 + athletes - \$200

PLEASE MAKE CHEQUES PAYABLE TO UNIVERISTY OF WINDSOR TRACK AND FIELD ALUMNI CLUB

# **WECSSAA ALL COMER TRACK MEETS 2023**

## **Meet # 4**

Date: May 10, 2023      Start: 3:30 pm

Location: St. Thomas of Villanova

Track Events			Field Events (senior to novice)		
	Event	Simultaneous		Event	Officials
					Please bring tape measure
	300/400m hurdles			Girls High Jump	Sandwich
	800m			Boys High Jump	Sandwich
	100m			Girls Long Jump	Villanova
	4x100m Relay				
	<b>4x400m Relay *</b>				
	<b>* is time and light dependent</b>				

## **Meet # 5**

Date: May 11, 2023      Start: 3:30 pm

Location: Riverside Secondary School

Track Events			Field Events (senior to novice)		
	Event	Simultaneous		Event	Officials
					Please bring tape measure
				Girls Triple Jump	Holy Names
				Boys Triple Jump	North Star/Vista
				Girls Javelin	Sandwich
				Boys Discus	Riverside/Sandwich

**REGISTRATION FEES**  
covers all 5 meets

**0-19 athletes \$100**

**20-29 athletes - \$125**

**30 - 39 athletes - \$150**

**40 - 49 athletes - \$175**

**50 + athletes - \$200**

**PLEASE MAKE CHEQUES PAYABLE TO UNIVERISTY OF WINDSOR TRACK AND FIELD ALUMNI CLUB**