

# **WECSSAA ALL COMER TRACK MEETS 2023**

## Meet # 1

Date: April 26, 2023 Start: 3:30 pm

Location: Riverside Secondary School

## Track Events

'ce)

1	
2	
3	4x100m Relay

Boys Shot Put  
Girls Shot Put  
Long Jump Women  
Long Jump Men

Please bring tape measure  
Sandwich  
L'Essor  
North Star  
Lajeunesse

## Meet # 2

Date: May 3, 2023 Start: 3:30 pm

Location: Essex DSS

## Track Events

	Event	Simultaneous
1	Sprint Hurdles	<u>1500m</u>
2	<u>400m</u>	
3	<u>4x100m</u>	

## Field Events (senior to novice)

	Event	Officials
		<b>Please bring tape me</b>
	<b><u>Boys Shot Put</u></b>	<b><u>Sandwich</u></b>
	Girls Shot Put	<b><u>L'Essor</u></b>
	Boys Long Jump	<b><u>Tecumseh Vis</u></b>

## Meet # 3

Date: May 4, 2023 Start: 3:30 pm

Location: Riverside Secondary School

## Track Events

## Field Events (senior to novice)

Event	Officials
	Please bring tape me
Girls Triple Jump	Leamington
Boys Triple Jump	Maranatha/Lajeurn
Girls Discus	Riverside
Boys Javelin	Riverside

## **REGISTRATION FEES**

**covers all 5 meets**

**0-19 athletes \$100  
20-29 athletes - \$125  
30 - 39 athletes - \$150**

**40 - 49 athletes - \$175**

**PLEASE MAKE CHEQUES PAYABLE TO UNIVERSITY OF WINDSOR TRACK AND FIELD ALUMNI CLUB**

## **WECSSAA ALL COMER TRACK MEETS 2023**

## Meet # 4

Date: May 10, 2023 Start: 3:30 pm

Location: St. Thomas of Villanova

Track Events		Field Events (senior to novice)	
Event	Simultaneous	Event	Officials
300/400m hurdles		Girls High Jump	<span style="color: red;">Please bring tape measure</span>
800m		Boys High Jump	<span style="color: red;">Sandwich</span>
100m		Girls Long Jump	<span style="color: red;">Sandwich</span>
4x100m Relay			<span style="color: red;">Villanova</span>
<b>4x400m Relay *</b>			
<b>* is time and light dependent</b>			

## Meet # 5

Date: May 11, 2023 Start: 3:30 pm

Location: Riverside Secondary School

Track Events		Field Events (senior to novice)	
Event	Simultaneous	Event	Officials
			<span style="color: red;">Please bring tape measure</span>
		Girls Triple Jump	<span style="color: red;">Holy Names</span>
		Boys Triple Jump	<span style="color: red;">North Star/Vista</span>
		Girls Javelin	<span style="color: red;">Sandwich</span>
		Boys Discus	<span style="color: red;">Riverside/Sandwich</span>

## **REGISTRATION FEES**

**0-19 athletes \$100**

**20-29 athletes - \$125**

**30 - 39 athletes - \$150**

**40 - 49 athletes - \$175**

**50 + athletes - \$20**

---

**PLEASE MAKE CHEQUES PAYABLE TO UNIVERSITY OF WINDSOR TRACK AND FIELD ALUMNI CLUB**